

Lunch Menu - Winter/Spring

Week 1

w/c 30/10/17 • 20/11/17 • 11/12/17
• 15/1/18 • 5/2/18 • 5/3/18 • 26/3/18

Monday

Breaded Chicken Bites, Ketchup
Cheese Flan (v)
Jacket Potato
Seasonal Diced Potatoes
Seasonal Vegetables
Mini Doughnuts, Yoghurt Dip

Tuesday

Pork Meatballs with Gravy
Warm Cheesy Quorn Sub Roll (v)
SW or Wrap
Sweet Potato Mash
Seasonal Vegetables
Chocolate Surprise Cake

Wednesday

Roast Beef, "Tidgy Pud" & Gravy
Macaroni Cheese (v)
Jacket Potato
Roast Potatoes
Carrots; Seasonal Vegetables
Arctic Roll & Peaches

Thursday

Chicken Curry, Naan Bread
Sausage Roll (v)
Sandwich or Wrap
50:50 Rice
Seasonal Vegetables
Shortbread Biscuit

Friday

Battered Fish
Home-made Pizza (v)
Jacket Potato
Chips

Peas; Sweetcorn
Chocolate Mousse with Mandarin Oranges



Week 2

w/c 6/11/17 • 27/11/17 • 18/12/17
• 22/1/18 • 19/2/18 • 12/3/18

Monday

Toad in the Hole with Onion Gravy
Vinegar Infused Salmon Goujons
Jacket Potato
Mashed Potato
Peas; Baked Beans
Warm Oaty Apple Crumble with Custard

Tuesday

Lamb Hot Pot with Crust
Sausage Stew (v)
SW or Wrap
Duchess Potatoes
Beetroot; Seasonal Vegetables
Oaty/Chocolate Cookie

Wednesday

Roasted Chicken Breast
Cheese & Tomato Pasta Bake (v)
Jacket Potato
Roast Potatoes
Carrots; Seasonal Vegetables
Warm Rice Pudding with Raisins

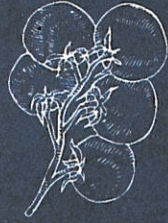
Thursday

Mild Chilli Con Carne
Pizza Cheese Panini (v)
SW or wrap
50:50 Rice
Seasonal Vegetables
Chocolate Banana Muffin

Friday

Bubble Coated Fish
Home-made Pizza (v)
Jacket Potato
Chips

Peas; Sweetcorn
Raspberry Ripple Mousse



Week 3

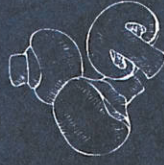
w/c 13/11/17 • 4/12/17 • 8/1/18
• 29/1/18 • 26/2/18 • 19/3/18

Monday

Beef Burger on a Bun
Quorn & Lentil Curry (v)
Jacket Potato
50:50 Rice
Seasonal Vegetables
"Dino" Cheddar with Crackers/Fruit Yoghurt

Tuesday

Spaghetti Bolognese
Cheesy Pastry Whirls (v)
SW or Wrap
Garlic Bread
Seasonal Vegetables
Iced Sponge Cake



Wednesday

Roasted Bacon Loin
Tuna and Sweetcorn Pasta
Jacket Potato
Rosti
Peas; Seasonal Vegetables
Fruit Jelly with Mandarin Oranges

Thursday

Chicken/Steak Pie
Quorn Nuggets (v)
SW or Wrap
Steamed Potatoes; Mashed Potato
Beetroot; Seasonal Vegetables
Chocolate and Pear Sponge Cake

Friday

Battered Fish
Home-made Pizza (v)
Jacket Potato
Chips

Peas; Sweetcorn
Fresh fruit salad with ice cream

