

## Further information:

### BBC ChatGuide

[www.bbc.co.uk/onlinesafety/](http://www.bbc.co.uk/onlinesafety/)  
Links to sites that are kept up to date with useful information, along with explanations and helpful hints.

### CEOP's thinkuknow

[www.thinkuknow.co.uk/8\\_10/cybercafe](http://www.thinkuknow.co.uk/8_10/cybercafe)  
For KS2 Cyber Café.

### Cybersmart Kids Online

[www.cybersmart.gov.au](http://www.cybersmart.gov.au)  
Activities, resources and practical advice for kids, teens, parents and teachers.

### KidSMART

[www.kidsmart.org.uk](http://www.kidsmart.org.uk)  
Teens share their own 'real-life' stories about issues affecting them on the internet.

### Think U Know

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)  
Resources and a place where children can report if they are uncomfortable or worried about someone they're chatting to online.

This guide is based on Pupil Voice.

It has been developed by pupils from:

District CE Primary

Eccleston Mere Primary

Garswood Primary

Merton Bank Primary

St. Mary & Thomas CE Primary

St. Peter's CE Primary

Wargrave CE Primary



[St.Helens Council](http://www.sthelens.gov.uk)

**Contact Centre**, Wesley House,  
Corporation Street, St.Helens WA10 1HF

**Tel:** 01744 676789

**Minicom:** 01744 671671

**Fax:** 01744 676895

**Email:** [contactcentre@sthelens.gov.uk](mailto:contactcentre@sthelens.gov.uk)

→ [www.sthelens.gov.uk](http://www.sthelens.gov.uk)

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[thedesignstudio@sthelens.gov.uk](mailto:thedesignstudio@sthelens.gov.uk) 1101172M



## St.Helens Primary Schools

# YOUR GUIDE TO KEEPING SAFE ONLINE



St.Helens  
**Safeguarding**  
Children Board



St.Helens  
Council



We all want to use technology and have fun online, but we all want to keep safe and act responsibly.

This guide covers all technology, including computers, mobile phones and games consoles.

Remember, it's always safest to create your own password.

Don't put other people's photographs online without their permission. Treat other people's photos with respect, and remember it may upset your friend.

**Always ask permission.**

Information on the internet is not always correct. You may believe something that isn't true. It's a good idea to check at least 3 websites.

Don't reply if you receive a message that makes you feel uncomfortable or upsets you. The messages could continue and get even worse. Keep a copy as evidence. Show a trusted adult.

**Use the 'CEOP Report' button, if necessary.**

Don't put a personal photo online. People could copy it and give it away. It is better to use an avatar or cartoon.

**Make sure your mum, dad or carer check and approve any pictures you use.**

**Don't give out personal information.**

Strangers may try to contact you in real life.

If anybody asks for personal information

**Don't reply - Don't delete**

Tell a trusted adult.

Don't open or reply if you receive a message or attachment from someone you don't know.

“ Think before you send a message to make sure you don't offend anyone.

**You could upset someone.**

Think before you post messages or emails.”



“ If you see someone being cyberbullied, don't join in or ignore it. You become part of the cyberbullying.

**Tell a trusted adult.”**



Don't meet up with someone you've only met online.

**They might not be who they say they are.**

Keep online friends as online friends. Tell a trusted adult if someone asks to meet you.